



FAST-IT
FORWARD

1-3 NOV 2017

PREPARATION

Ask the Holy Spirit to show and lead us in accordance to His purposes and objectives for this time of corporate fast and to align ourselves individually and corporately to what He desires to do for this corporate fast. This will enable you to pray more specifically and strategically. Through fasting and prayer we humble ourselves before God and yield to His purposes so that the Holy Spirit will stir our souls, awaken our churches, and heal our land according to 2 Chronicles 7:14. It is important that this is a priority in your fasting

Choose the type of fast you should undertake.

Consider some restrictions on the physical or social activities during the period of the fast.

Also decide on time allocated each day that will be devoted to prayer and reading God's Word. Making these commitments will help sustain your fast. Enjoy your prayer fast! (Abstract from Dr Bill Bright's '7 Basic Steps to Successful Fasting and Prayer')

TYPES OF FASTS

REGULAR FAST

Traditionally, a regular fast means refraining from eating all food. Most people still drink water or juice during a regular fast. When Jesus fasted in the desert, the Bible says, "After fasting forty days and forty nights, he was hungry." This verse does not mention Jesus being thirsty.

PARTIAL FAST

This type of fast generally refers to omitting a specific meal from your diet or refraining from certain types of foods. Daniel 10:2-3 says, "At that time I, Daniel, mourned for three weeks. I ate no choice food; no meat or wine touched my lips; and I used no lotions at all until the three weeks were over." In Daniel 1:12, they restricted their diet to vegetables and water. A partial fast can also mean you select to do any type of fast from 6:00 am to 3:00 pm or from sun up to sun down.

FULL FAST

These fasts are complete - no food and no drink. Acts 9:9 describes when Paul went on a full fast for three days following his encounter with Jesus on the road to Damascus: *"For three days he was blind, and did not eat or drink anything."*

Esther also called for this type of fast in Esther 4:15-16: *"Then Esther sent this reply to Mordecai: 'Go, gather together all the Jews who are in Susa, and fast for me. Do not eat or drink for three days, night or day. I and my maids will fast as you do. When this is done, I will go to the king, even though it is against the law. And if I perish, I perish.'"*

It is recommended that this type of fast be done with extreme caution and not for extended periods of time.

DAY 1

CORNERSTONE

As year-end is approaching, we want to come to God with thanksgiving in our hearts for the many wonderful works He has accomplished in the church and through His people. God has made clearer His will and purpose for Cornerstone in the recent months and we want to be faithful to His vision for us.

“The lines have fallen to me in pleasant places; yes, I have a good inheritance.”

Ps 16:6

- Pray for the leadership to be faithful to the vision God has for Cornerstone. Pray for the vision to be made clearer as they steer the church in God’s direction.
- Pray for the fear of God to be upon the church that His people will lead godly lives.
- With two months left to Christmas, it is full steam ahead for the Christmas production team. Pray for the production team to be anointed to convey the good news in love and clarity.
- Ask the Holy Spirit to prepare the hearts of the audience for the gift of salvation. Get ready your invite list and believe God for a harvest of souls!

VERSES TO PRAY FOR THE CHURCH

Psa 16:6; Isa 22:22; Isa 58:11,12; Zec 10:1; 2 Cor 6:17,18

DAY 2

SINGAPORE

“Blessed is the nation whose God is the LORD, the people He has chosen as His own inheritance.”

Ps 33:12

- The Bible exhorts us to pray for the leaders of our country that they may rule well. Pray for the Christians in the cabinet to rule with godly fear and to glorify God in their ways. Pray for creative solutions to be released in the ministers.
- Pray for righteousness to be established in our government that the successive batch of leaders will continue on the path of righteousness.
- Pray for the Kingdom Synergies team as they gather the churches for a time of prayer and fasting in the year 2018. Ask the Holy Spirit to make clear the steps to take as they incline their ears to hear and move accordingly. Let their hearts be one as they serve God's purposes for Singapore.
- As the nationwide prayers take place next year, let's believe God for a convergence of all the past moves of God in a manifestation of Pentecostal fire that will reform society in every sphere of influence.

VERSES TO PRAY FOR SINGAPORE AND THE CHURCHES

2 Chron 7:14; Prov 14:34; John 17; 1 Tim 2:1,2

DAY 3

ISRAEL

The Hebrew word "aliyah" describes the migration of the Jews back to Israel from nations around the world. It is a fulfilment of Biblical prophecy as God gathers His people back to their own land. Anti-Semitism (hostility and persecution against Jews) in many countries is prompting more Jews to "make aliyah". According to the "Law of Return" of the State of Israel, anyone with least one Jewish parent is eligible for citizenship. However, the present Ministry of Interior, led by Arye Dery, leader of the Shas party, an ultra-Orthodox party, has turned away Messianic Jews, as they are deemed as "Christian" and no longer Jews.

- Pray for funds and aid to help the Jews "make aliyah" to Israel and transit smoothly into life where they need to learn Hebrew, find accommodation and employment, and enrol their children in schools. Pray that they not only return to the Land but also to the God of Abraham, Isaac and Jacob.
- Jews who believe in Jesus will not be discriminated against by the Interior Ministry in their application for citizenship.
- Jews worldwide will be protected from anti-Semitic acts against them.

VERSES TO PRAY FOR ISRAEL

Eze 11:17, 36:24-28; Jer 23:3, 31:35-37; Isa 11:10-12, 43:4-6, Rom 10:1; Zec 2:8-9