

"Come to Me, all you who labour and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light."

MATTHEW 11:28-30





All throughout the Bible, we see

GOD IN MOTION.





Every symbol of the Holy Spirit has to do with *fluidity* or *motion*

Wind, water, fire, dove, breath etc.

Our God is in constant forward motion and as you read the Scriptures, we see Him often **WALKING**.



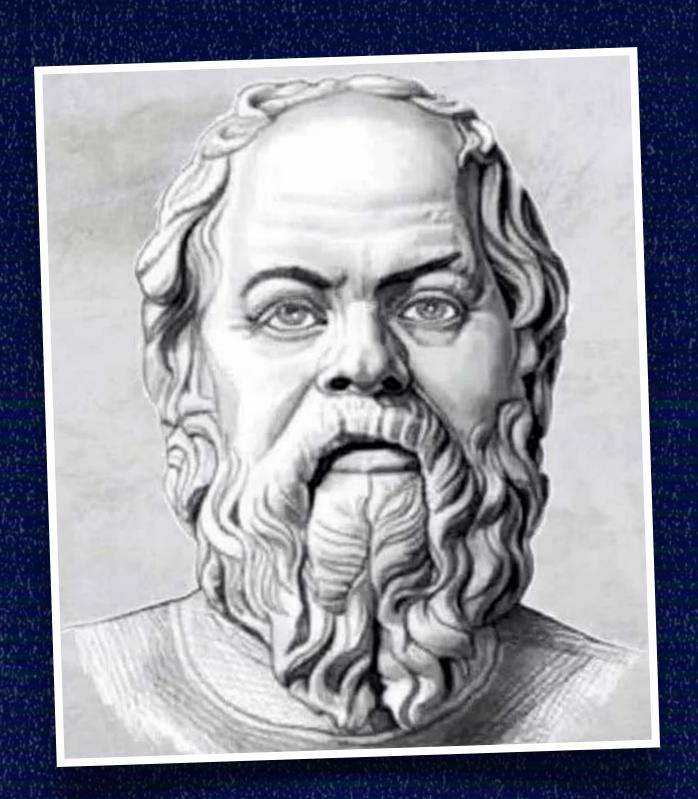


ASEASON OF CONFINEMENT

He is pressing the PAUSE button and bringing His Church to a GRINDING HALT.







Beware the busyness of a barren life.

- SOCRATES



Just because we're busy doesn't mean we're productive!



"The Lord is not slack concerning His promise, as some count slackness, but is longsuffering toward us, not willing that any should perish but that all should come to repentance."

2 PETER 3:9





God walks 'slowly' because He is longsuffering.

He walks slowly because HE IS LOVE.





The word QUARANTINE

comes from the Italian word
'Quarantina'

which means 40 days.





3 MAIN LESSONS IN THE WILDERNESS

LESSON 1

Man does not live by bread alone.

LESSON 2

You shall not tempt the Lord your God.

LESSON 3

Worship the Lord & serve only Him.





"That though the outward man perishes, the inward man is being renewed."

2 CORINTHIANS 4:16





"So then it is not of him who wills, nor of him who runs, but of God who shows mercy."

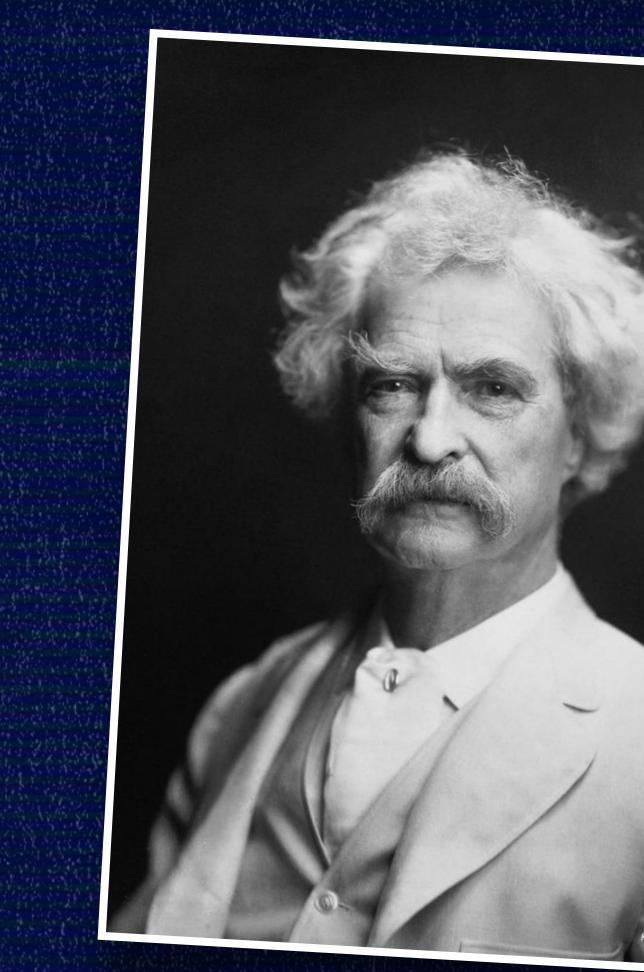
ROMANS 9:16





Every man seems to feel that he has got the duties of two lifetimes to accomplish in one; and so he rushes, rushes, rushes, and never has the time to be companionable, never has any time at his disposal to fool away on matters which do not involve dollars, duty, and business.

- MARK TWAIN







There are 2 KINDS OF REST

THE FIRST REST HAS TO DO WITH OUR SALVATION.

"Come to Me, all you who labor and are heavy laden, and I will give you rest."

MATTHEW 11:28





THE SECOND REST HAS TO DO WITH A SUPERNATURAL REST.

"Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls".

MATTHEW 11:29





SABBATH

simply means to

CEASE, TO STOP

"And God rested on the seventh day from all His work which He had done."

GENESIS 2:2





BIBLICAL DEFINITION OF REST

"For he who has entered His rest has himself also ceased from his works as God did from His."

HEBREWS 4:10



