

Today, if you will hear His voice:

8 "Do not harden your hearts, as in the rebellion, as in the day of trial in the wilderness, 9 when your fathers tested Me; they tried Me, though they saw My work. 10 For forty years I was grieved with that generation, and said, 'It is a people who go astray in their hearts, and they do not know My ways.' 11 So I swore in My wrath, 'They shall not enter My rest'."





For the Children of Israel,

"Entering into His Rest"

was the ultimate reward if they were obedient and faithful.



"Not entering into this rest" was the ultimate punishment.





Entering into His rest is a 'promise' that is offered to every believer, but not a guarantee.





...you shall find no rest.

— Deuteronomy 28:65A ——





Nor shall the sole of your foot have a resting place.

—— Deuteronomy 28:65B ——





but there the LORD will give you a trembling heart, failing eyes, and anguish or despair of soul.

— Deuteronomy 28:65C -





Your life shall hang in doubt before you; you shall fear day and night, and have no assurance of life.

Deuteronomy 28:66





In the morning you shall say, 'Oh, that it were evening!' And at evening you shall say, 'Oh, that it were morning!' because of the fear which terrifies your heart...

Deuteronomy 28:67





And the LORD will take you back to Egypt...

— Deuteronomy 28:68





He shall speak pompous words against the Most High, shall persecute (or wear out) the saints of the Most High...

— Daniel 7:25A ——





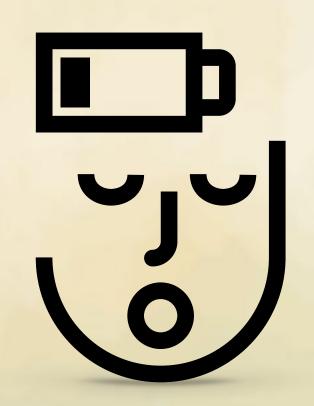
Come to Me, all you who labour and are heavy laden, and I will give you rest. ²⁹ Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls.

—— Matthew 11:28-29 —





There are 2 kinds of rest in the Bible.



The 1st kind of rest is a rest because we're **tired**.



The 2nd type of rest is when we've stopped striving.





What steps must we take to enter into this rest?



The first step is to Obey and Observe the Sabbath.





Psalm 95 was the Old Testament commentary of the episode in Number 20.

Hebrews 3-4 is the New Testament commentary of the same episode.





Therefore, as the Holy Spirit says:
"Today, if you will hear His voice,

8 Do not harden your hearts as in the rebellion,
In the day of trial in the wilderness..."

Hebrews 3:7-8 ——













2. Don't HARDEN your heart







How do we deal with a hardened heart?



Therefore circumcise the foreskin of your heart, and be stiff-necked no longer.

— Deuteronomy 10:16 —





Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of disobedience.

Hebrews 4:11 ——



