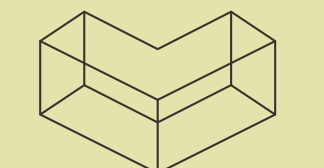


THE PITFALL  
OF  
Me   
Them



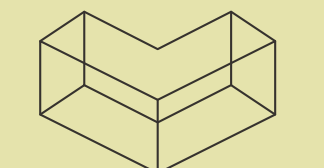
Hear me when I call, O God of my righteousness! You have relieved me in my distress; have mercy on me, and hear my prayer. <sup>2</sup> How long, O you sons of men, will you turn my glory to shame? How long will you love worthlessness and seek falsehood? *Selah* <sup>3</sup> But know that the Lord has set apart for Himself him who is godly; the Lord will hear when I call to Him. <sup>4</sup> Be angry, and do not sin. Meditate within your heart on your bed, and be still. *Selah*

#### PSALM 4



<sup>5</sup> Offer the sacrifices of righteousness, and put your trust in the Lord. <sup>6</sup> There are many who say, “Who will show us any good?” Lord, lift up the light of Your countenance upon us. <sup>7</sup> You have put gladness in my heart, more than in the season that their grain and wine increased. <sup>8</sup> I will both lie down in peace, and sleep; for You alone, O Lord, make me dwell in safety.

#### PSALM 4



# THE PITFALL OF ME *VERSUS* THEM

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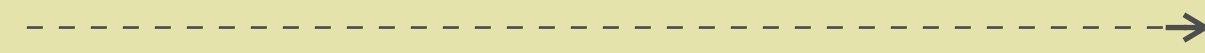
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## The Structure of the Psalms

# PSALM 4

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VERSE 1



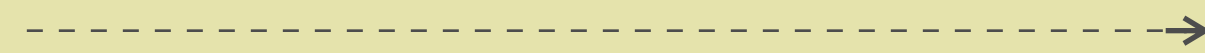
**MY good**

VERSE 2



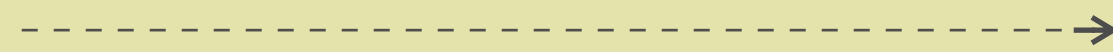
**MY enemies**

VERSE 3

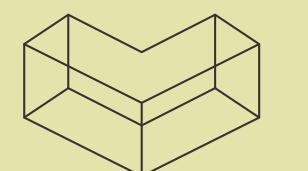


**MY God**

VERSE 4-8



**GOD's prescription**



# THE PITFALL OF ME *VERSUS* THEM

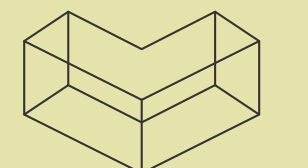
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1

The Structure  
of the Psalms

2

My Good,  
My Enemies,  
My God



# THE PITFALL OF ME *VERSUS* THEM

---

1

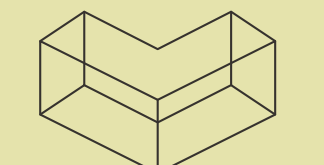
The Structure  
of the Psalms

2

My Good,  
My Enemies,  
My God

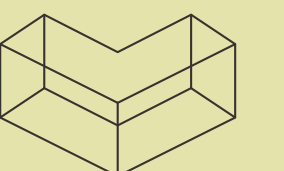
3

Sin Not,  
Sacrifice,  
& Safety



Be angry, and do not sin. Meditate within your heart on your bed, and be still. *Selah* <sup>5</sup> Offer the sacrifices of righteousness, and put your trust in the Lord. <sup>6</sup> There are many who say, “Who will show us any good?” Lord, lift up the light of Your countenance upon us. <sup>7</sup> You have put gladness in my heart, more than in the season that their grain and wine increased. <sup>8</sup> I will both lie down in peace, and sleep; for You alone, O Lord, make me dwell in safety.

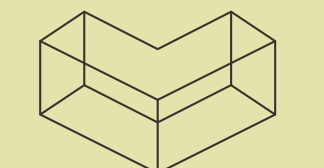
PSALM 4:4-8





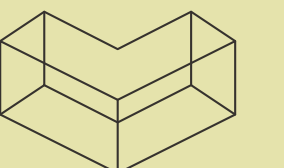
Offer the sacrifices of righteousness,  
And put your trust in the Lord.

PSALM 4:5



He was oppressed and He was afflicted, yet He opened not His mouth; He was led as a lamb to the slaughter, and as a sheep before its shearers is silent, so He opened not His mouth.

ISAIAH 53:7





## 4 THINGS THAT FOLLOW OUR SACRIFICE

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- ① He lifts up His countenance to us.
- ② He puts joy in us over what truly is important.
- ③ He gives us true rest.
- ④ He keeps us safe.