

The
flex

of
fulfillment

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fulfilment

“A divine dissatisfaction is essential for spiritual progress.”

DR. WARREN WIERSBE



CORNERSTONE



1 TIMOTHY 6:6-10

Now godliness with contentment is great gain.

7 For we brought nothing into this world, and it is certain we can carry nothing out. 8 And having food and clothing, with these we shall be content.





1 TIMOTHY 6:6-10

9 But those who desire to be rich fall into temptation and a snare, and into many foolish and harmful lusts which drown men in destruction and perdition. **10** For the love of money is a root of all kinds of evil, for which some have strayed from the faith in their greediness, and pierced themselves through with many sorrows.”





JAMES 4:1

What causes fights and quarrels among you? Do they not come from your own desires that battle within you? You want something, but don't get it, so you kill and you covet. You can't have what you want so you quarrel and fight.





LUKE 12:15

A man's life does not consist of the abundance of things he has.



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EXODUS 20:17

You shall not covet your neighbour's house.
You shall not covet your neighbour's wife, or his
manservant or maidservant, his ox or donkey,
or anything that belongs to your neighbour.





'Covet'

POSITIVE CONNOTATION

Strong desire, to delight.



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'Covet'

NEGATIVE CONNOTATION

To grasp for more;
an inordinate,
ungoverned,
selfish desire.

An excessively
strong desire to
have something
that belongs to
someone else.

An overt dissatisfaction
and discontent with what
God has provided and a
longing desire for what
He has forbidden to us.



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GENESIS 2:9

The tree of life
described as
'pleasant to the eyes'
and 'delightful'.



GENESIS 3:6

Eve found the
tree 'desirable'.





PROVERBS 21:25-26

The desire of the lazy man kills him,
for his hands refuse to labour.

26 He covets greedily all day long...





When you do a lot of grumbling and complaining.

When you become jealous and envious of what others have.

When you're filled with anxiety and fear.

When you have a preoccupation with your possessions.

When you become stingy with what God has given you.

When God is getting your leftovers.

When we love things and use people, instead of using things and loving people.





COLOSSIANS 3:5

Put to death therefore what is earthly in you:
sexual immorality, impurity, passion, evil
desire, and covetousness, which is idolatry.





PHILIPPIANS 4:10-13

I rejoice greatly in the Lord that at last you have renewed your concern for me. Indeed, you have been concerned, but you had no opportunity to show it. I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything through him who gives me strength.

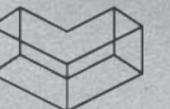




How to Live in **Contentment**

1

Trusting that God is in Control



“Christian contentment is that sweet inward quiet, that gracious frame of spirit which freely submits to and delights in God’s wise and fatherly disposal in every condition.”

PURITAN WRITER, *JEREMIAH BURROUGHS*



The
flex
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fulfilment

“An inner sense of rest or peace that comes from being right with God and knowing that He is in control of all that happens to us.”



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ROMANS 8:28

And we know that in all things God works for the good of those who love Him, who have been called according to His purpose.





PSALM 23:1

The LORD is my shepherd;
I shall not be in want.



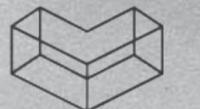
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How to Live in **Contentment**

2

Developing Proper
Expectations of Others

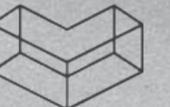




How to Live in **Contentment**

3

Have an Attitude of Gratitude



The
flex
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fulfilment

“Gratitude is the greatest of virtues,
but the parent of all others.”

ROMAN ORATER CICERO



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The
flex
of
fulfilment

“If God wanted us to have more
right now, we would have it.”

PHILIP RYKEN



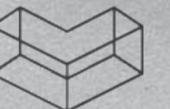
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How to Live in **Contentment**

4

Finding Strength in Christ



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PHILIPPIANS 4:13

I can do everything through Him
who gives me strength.





I can be content in whatever circumstance
because of the strengthening work of
Christ in my life.



“It was spring, but it was summer I wanted; the warm days and the great outdoors. It was summer, but it was fall I wanted; the colourful leaves and the cool dry air. It was fall, but it was winter I wanted; the beautiful snow and the joy of the holiday season. It was winter, but it was spring that I wanted; the warmth and the blossoming of nature. I was a child, but it was adulthood I wanted; the freedom and the respect. I was 20, but it was 30 I wanted; to be mature and sophisticated. I was middle-aged, but it was 20 I wanted; the youth and the free spirit. I was retired, but it was middle-age I wanted; the presence of mind without limitation. My life was over; but I never got what I wanted.”

CHUCK SWINDOLL

