

# PRAYING FROM OUR SPIRIT



1 Thessalonians 5:23

May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.



1 Corinthians 14:14-15

For if I pray in a tongue, my spirit prays, but my mind is unfruitful. <sup>15</sup> So, what shall I do? I will pray with my spirit, but I will also pray with my understanding; I will sing with my spirit, but I will also sing with my understanding.



# TRINITY OF MAN



# BODY

## *Soma*

the physical appearance; the outward man;  
the container; the temple of the Holy Spirit;  
Ultimately, redeemed and resurrected.



# SOUL

## *Psyche*

Includes our emotions,  
our will, and our mind.



# MIND

## *Nous*

rational mind, will, decision making and  
affections – the software of the soul.



# SPIRIT

## *Pneuma*

breath, blast, vital principle; the deepest part of a person.



Hebrews 4:12

For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.



Ezekiel 11:19

I will give them an undivided heart and put a new spirit in them; I will remove from them their heart of stone and give them a heart of flesh.



Romans 8:16

The Spirit himself testifies with our spirit  
that we are God's children.



Acts 7:59

While they were stoning him, Stephen prayed,  
"Lord Jesus, receive my spirit."



1 Corinthians 14:14-15

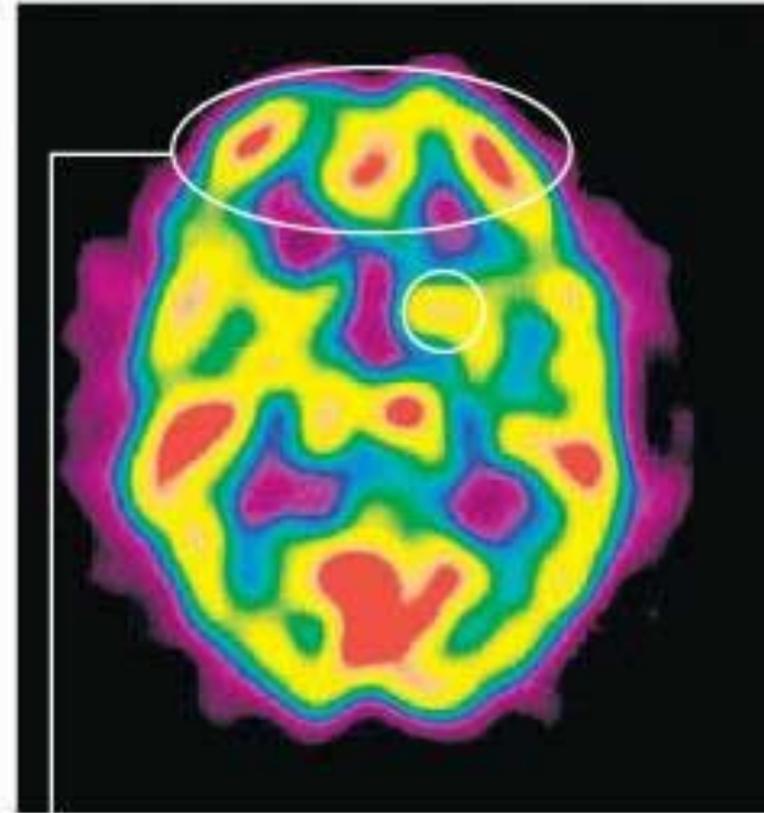
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## Evidence for a Religious State

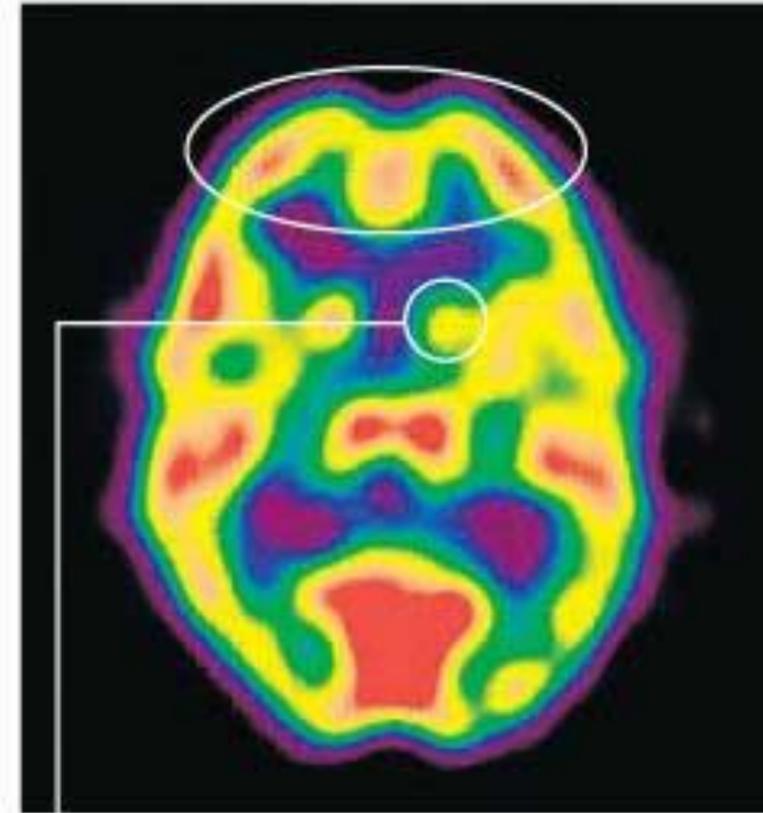
Scientists found notable changes in brain activity when people speak in tongues. The brain scans below show blood flow in the brain (blue lowest, red highest).

SINGING GOSPEL SONG



**Frontal lobes** Involved in the willful control of behaviors; more activity when singing than when speaking tongues.

SPEAKING IN TONGUES



**Left caudate** Involved in motor and emotional control; less activity in those speaking in tongues.

Source: Andrew B. Newberg, University of Pennsylvania

Matthew 5:3

Blessed are the poor in spirit, for theirs  
is the kingdom of heaven.



Matthew 5:3 (NIRV)

Blessed are those who are spiritually needy.  
The kingdom of heaven belongs to them.



2 Corinthians 4:16

Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day.



Ephesians 6:18

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.



Romans 8:26-27

In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit Himself intercedes for us through wordless groans.

<sup>27</sup> And He who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God.

