

A person is seen from behind, wearing large black headphones, looking out at a vast ocean under a sunset sky. The sun is low on the horizon, creating a bright orange and yellow glow that reflects on the water. The sky transitions from a deep blue at the top to a lighter blue near the horizon. The person is wearing a dark grey hoodie. The overall mood is peaceful and contemplative.

THE *Sound* OF *Stillness*

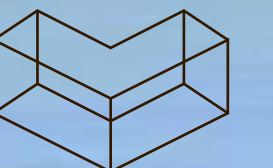
Jeremiah 6:16

Thus says the Lord: "Stand in the ways and see, and ask for the ancient paths, where the good way is, and walk in it; Then you will find rest for your souls."



“There is so much content out there. We’re not competing with HBO or with Amazon Prime. You get a movie that you’re really dying to watch and you end up staying late at night and so we’re actually competing with sleep and we’re winning!”

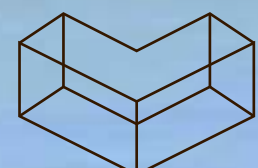
— *Reed Hastings*



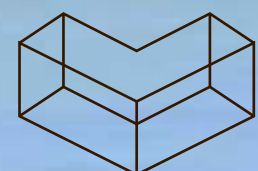
CORNERSTONE

SILENCE & SOLITUDE

Silence and solitude are spiritual disciplines in which a believer intentionally withdraws from noise, activity, and conversation with others in order to be attentive to the Presence and voice of God.

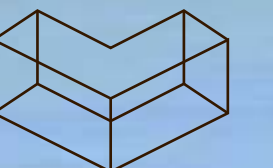


SILENCE... is the practice of quieting both external noise and the internal distractions of the heart so that we can listen to God.

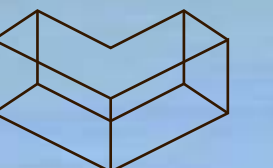


“ Silence is not the same thing
as loneliness or isolation.
Loneliness is inner emptiness.
Solitude is inner fulfillment. ”

— *Richard Foster*

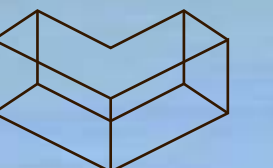


SOLITUDE... is a withdrawal to privacy for spiritual purposes. You get alone in order to focus on Scriptures. You get alone in order to pray without distractions. You get alone in order to read or just to think or write in a journal.



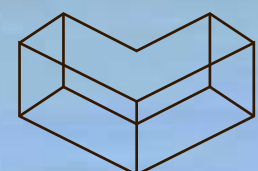
“ There’s a difference between isolation and solitude. They may contain similar characteristics but in reality, they are worlds apart. Solitude is a chosen separation for refining your soul. Isolation is what you crave if you neglect the first. ”

— *Wayne Cordeiro*



“Without solitude, it is virtually impossible to live a spiritual life.”

— *Henri Nouwen*



Matthew 3:16 – 4:1

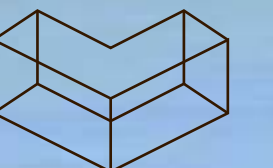
When He had been baptised, Jesus came up immediately from the water; and behold, the heavens were opened to Him, and He saw the Spirit of God descending like a dove and alighting upon Him. ¹⁷ And suddenly a voice came from heaven, saying, "This is My beloved Son, in whom I am well pleased."

¹ Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil.



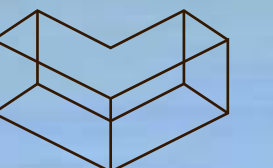
WILDERNESS — *Eremos*

Desert, lonely regions, deserted
places, solitary and desolated places.



“ Solitude is the place of strength. ”

— *Dallas Willard*



Mark 1:35-39

Now in the morning, having risen a long while before daylight, He went out and departed to a solitary place; and there He prayed.

³⁶ And Simon and those who were with Him searched for Him. ³⁷ When they found Him, they said to Him, "Everyone is looking for You."



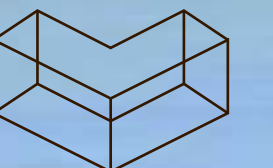
Mark 1:35-39

³⁸ But He said to them, "Let us go into the next towns, that I may preach there also, because for this purpose I have come forth." ³⁹ And He was preaching in their synagogues throughout all Galilee, and casting out demons.



3 PHASES IN MARY'S LIFE

1. Sitting at Jesus' Feet:
• Intimacy in Silence & Solitude



Luke 10:38-42

Now it happened as they went that He entered a certain village; and a certain woman named Martha welcomed Him into her house. ³⁹ And she had a sister called Mary, who sat at Jesus' feet and heard His word. ⁴⁰ But Martha was distracted with much serving, and she approached Him and said, "Lord, do You not care that my sister has left me to serve alone? Therefore tell her to help me."



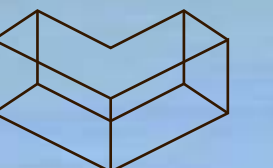
Luke 10:38-42

⁴¹ And Jesus answered and said to her, "Martha, Martha, you are worried and troubled about many things. ⁴² But one thing is needed, and Mary has chosen that good part, which will not be taken away from her."



3 PHASES IN MARY'S LIFE

2. Raising Lazarus: Prevailing Intercession



John 11:20-26

Then Martha, as soon as she heard that Jesus was coming, went and met Him, but Mary was sitting in the house. ²¹ Now Martha said to Jesus, "Lord, if You had been here, my brother would not have died. ²² But even now I know that whatever You ask of God, God will give You." ²³ Jesus said to her, "Your brother will rise again."



John 11:20-26

²⁴ Martha said to Him, "I know that he will rise again in the resurrection at the last day." ²⁵ Jesus said to her, "I am the resurrection and the life. He who believes in Me, though he may die, he shall live. ²⁶ And whoever lives and believes in Me shall never die. Do you believe this?"



John 11:32-35

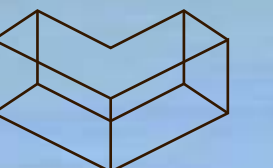
Then, when Mary came where Jesus was, and saw Him, she fell down at His feet, saying to Him, "Lord, if You had been here, my brother would not have died."

³³ Therefore, when Jesus saw her weeping, and the Jews who came with her weeping, He groaned in the spirit and was troubled. ³⁴ And He said, "Where have you laid him?" They said to Him, "Lord, come and see."

³⁵ Jesus wept.

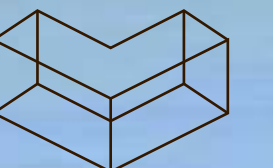


THE ROAR OF INTERCESSION
EMERGES FROM THE
SILENCE OF MEDITATION.



3 PHASES IN MARY'S LIFE

3. Breaking the Alabaster Flask:
• Sacrificial Love



Mark 14:3

And being in Bethany at the house of Simon the leper, as He sat at the table, a woman came having an alabaster flask of very costly oil of spikenard. Then she broke the flask and poured it on His head.



Mark 14:6

But Jesus said, "Let her alone.
Why do you trouble her?
She has done a good work for Me."



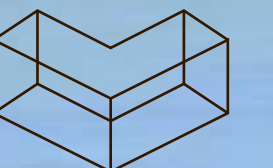
Mark 14:7-8

For you have the poor with you always,
and whenever you wish you may do them
good; but Me you do not have always.

⁸ She has done what she could. She has come
beforehand to anoint My body for burial.



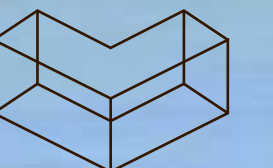
INTIMACY IN THE PLACE OF
SILENCE AND SOLITUDE WILL LEAD
TO INTERCESSION THAT RAISES THE
DEAD AND WILL PREPARE US TO
OPERATE IN A FORERUNNER SPIRIT
WITH SACRIFICIAL LOVE.



PRACTICAL
STEPS TO
PRACTISING
SILENCE &
SOLITUDE

1

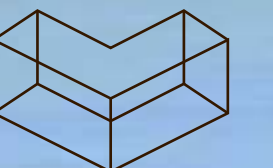
/ Consecrate the
occasional
minute retreats



PRACTICAL
STEPS TO
PRACTISING
SILENCE &
SOLITUDE

2

/ Set a daily time
for silence
& solitude



PRACTICAL
STEPS TO
PRACTISING
SILENCE &
SOLITUDE

3

/ Get away for
some time

